

Watch Your Sugar Intake This Christmas

The festive season is synonymous with indulgence, and sweet treats often take centre stage at Christmas celebrations. However, while it's tempting to enjoy every sugary delight, being mindful of your sugar intake is essential for maintaining good health and avoiding the post-holiday energy slump.

Excessive sugar consumption can lead to weight gain, tooth decay, and energy crashes, not to mention a higher risk of long-term health issues like diabetes and heart disease. With Christmas cakes, puddings, chocolates, and sugary



beverages all around, it's easy to exceed recommended daily limits without realizing it.

To manage your sugar intake, try simple swaps: opt for fresh fruit platters instead of sugary desserts, use natural sweeteners like honey or stevia when baking, and choose water or herbal teas over sugary drinks. If you're attending parties, eat a balanced meal beforehand to reduce cravings.

If sugary treats aren't easily



accessible, you're less likely to overconsume.

By being mindful and making conscious choices, you can enjoy the festive season while keeping your sugar intake in check.

Remember, moderation is key. Savour the flavors of the season but balance them with healthier choices. By being mindful, you can enjoy Christmas without overindulging—and start the New Year feeling your best!

EAP

Life's Survival Kit

Christmas can be wonderful and it can also be stressful, lonely and depressing, but some of us tend to cover-up or deny the negative feelings. Maybe because our tradition tells us, we have to feel jolly, generous and loving. When we, for some reason fail to generate this spirit, we begin to feel bad and even awful.

It's okay to take control of the season and shape it to conform to your own wishes. If you are suffering a recent loss, do what's comfortable. There is little one can do to stem this tide of grief particularly if it's the first Christmas without a loved one or without a job.

To help us to give ourselves permission to "feel the feelings", here is a Life Survival Kit for us:

Eraser: To remind you that every day you can start with a clean slate.

Rubber band: A reminder to stay flexible.



Safety Pin: A reminder to think about your safety and that of others.

Candle: To remind you to share your light with others.

Band Aid: For healing hurt feelings yours and someone else's.

Cotton Ball: For tough roads, seek the cushioned support of your family and

friends.

Tea Bag: Take a few minutes to yourself and relax.

Candy Hug & Kiss: To remind you that you are loved.

Paper Clip: To keep things together when they seem to be getting out of control.

A Dollar Coin: To remind you that you are valuable and special.

Toothpick: To remind you to pick out the good qualities in yourself and others.

Christmas is a time to see the world through the eyes of love and care. If you can open our earthbound heart then God's own life and love will come to dwell within it regardless of the internal



and external pressures.

MERRY CHRISTMAS AND A HAPPY NEW YEAR!

CALL EAP:

876-473-3105/ 876-551-9796

**THERE IS LIFE
AFTER SURVIVAL**

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Employee News



As the festive season approaches, Jamalco's Environmental Health and Safety (EHS) Professional, **Kadian Pitter**, is busier than ever. With a mission to address environmental concerns amicably and in the best interests of both the company and residents, she approaches her work with energy...

(Read more on page 4)

EHS Review

@December 20, 2024

| | Plan | Actual |
|-------------------|------|--------|
| Recordable Injury | | 0 |
| First Aid Injury | | 0 |
| Non Compliance | | 0 |
| Spills to Soil | | 1 |

Production Review

@December 20, 2024

| | Plan | Actual |
|--------------------|------|--------|
| Digester tpy | 3268 | 2889 |
| Calciner tpy | 3267 | 2350 |
| Digester Yield gpl | 93.6 | 88.3 |

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Jamalco Demonstrates Resilience in 2024



Managing Director, **Marvin Jackson** addresses the leadership team in the first of a series of MD Communication Sessions for Quarter 4.

Jamalco recorded commendable performance in 2024 despite facing significant challenges from adverse events. This achievement was highlighted by Managing Director **Marvin Jackson** during the company's quarterly MD Communication Session.

Mr. Jackson reported that despite two major adverse incidents that impacted the process areas, the company consistently delivered high-quality

alumina to its customers. He also noted that production and operating efficiencies have returned to pre-2019 levels excluding the impact of Hurricane Beryl.

The refinery demonstrated remarkable recovery from damages caused to the Rocky Point Port by Hurricane Beryl. "All teams worked together to avoid curtailment and trucked over 120 metric tons of alumina underscoring the company's resilience," Mr. Jackson said. Likewise, the company swiftly recovered from a lightning strike that affected Powerhouse and Precipitation operations for approximately 36 hours. Mr. Jackson emphasized that these quick recoveries are tantamount to Jamalco's strength and operational excellence.

Similarly, the recovery of residual life increased from 35% to 45%, as a result of enhanced maintenance and reliability efforts in key departments, including the Powerhouse, Clarification, and Precipitation units.

Mr. Jackson shared that Jamalco achieved significant environmental and safety milestones. No non-compli-

Cont'd on pg. 2.

Calciner Unit #3 Back in Operation



The Calciner Building

within budget and without safety incidents.

The Contractor Management Superintendent **Herbert Campbell** who led the field execution and the Planning & Central Shops Superintendent, **Hayden Shields** who led the overhaul planning exercise are both proud of the hard work and effort exerted by the various.

The Reliability and Central Maintenance Manager, **Edmund Mullings** who has commended the exceptional teamwork noted that "without the commitment of everyone, we could not have completed, this major project, within the timeframe and with no incident."

The major overhaul of Unit 3 Calciner & Electrostatic Precipitator (ESP) is now complete. The calciner is now back in operation and working efficiently following the twenty-six (26) days of major overhaul activities. The overhaul exercise which began on Wednesday November 21 was completed with targeted quality,

The major overhaul and refractory replacement of #3 Calciner is critical to ensuring the overall Refinery Alu-

Cont'd on pg. 2.

Holiday Safety Tips



By staying proactive and alert, you can enjoy a safe and joyful holiday season. Here are a few tips:

- ❑ Lock all doors and windows, especially when leaving home or at night.
- ❑ Avoid displaying expensive gifts or valuables in plain view through windows.
- ❑ Check Christmas lights for frayed wires or broken bulbs before use.
- ❑ Avoid overloading electrical outlets with too many decorations or appliances.



❑ Keep candles away from flammable items and never leave them unattended.

❑ Do not drink and drive. Arrange for a designated driver if you plan to consume alcohol.

❑ Follow speed limits and be cautious of pedestrians, especially in busy shopping areas.

❑ Stay alert and aware of your surroundings, particularly in crowded areas or during nighttime.



❑ Avoid carrying large amounts of cash; use cards where possible.

❑ Share your travel plans with family or friends when heading out late or to unfamiliar places.

By staying proactive and alert, you can enjoy a safe and joyful holiday season.

Wishing you and your loved ones a Merry Christmas and a safe New Year!

Jamalco Demonstrates Resilience in 2024

ances were reported during two BSI audits, and there were no breaches despite challenges posed by extraordinarily high rainfall levels. Noteworthy, is the effective management of water levels in the Residue Storage Areas (RSA) prevented any spills or leaks.

The company's mining operations showed notable improvements, with increased bauxite quality stability achieved through revised blending procedures. Moreover, consistent trucking of North Manchester bauxite resulted in a 10% improvement in efficiency.

Updates were presented on key capital expenditure (CapEx) projects, which have been successfully executed such as the RSA 2 seepage repairs and the RSA 5 conversion, as well as the return of Unit 1 & 2 compressors to service. Mr. Jackson reported that the Powerhouse restoration projects, boiler conversion, and procurement of a 45 MW steam turbine remain on schedule.

The Managing Director also highlighted that the company has already completed its registration under the new Data Protection Act, with required employee training ongoing. He lauded the



Members of the leadership team listening attentively as Managing Director, **Marvin Jackson** outlines the company's achievements during 2024.

efforts of the company to provide some J\$22 million as educational support for students at all levels.

Looking ahead to 2025, Mr. Jackson urged employees to enhance their focus and commitment to deliver projects within the specified timeline and protect the company's resources in 2025. He stressed that such efforts would significantly contribute to cost reduction and overall operational efficiency.

Calciner Unit #3 Back in Operation

Cont'd from pg. 1

mina Production capacity is sustained. As part of the annual maintenance schedule, one of the three calciners, including the Electrostatic Precipitator – Dust Handling System, undergoes a comprehensive overhaul. This renovation is a vital refinery-sustaining activity, ensuring the stable, efficient, and reliable operation of the alumina calcining process.

The overhaul included refractory demolition and renewal, enhancing resistance to heat and erosion while maintaining strength and form at high temperatures. Refractory materials are essential for calciner reliability, necessitating the unit's temporary shutdown for renewal. This systematic repair process mitigates downtime caused by unexpected failures.

Approximately 237 tons of refractory material was renewed across all areas of the calciner during the overhaul. The main focus included the Furnace, Pre-heat Furnace, and Holding Vessel. A team of around 100 individuals, comprising CMS Coordinators, Reliability Engineers, Planners, Material Coordinators, Mechanical, Electrical, Instrumentation, Civil and Process Maintenance Special-



Employees and contractors working on the calciner. #3.

ists, executed the various phases of the project. Other departments which supported the initiative included Technical Services, Central Shops, EHS, Medical, Procurement, Security, Stores, and Traffic, along with over 300 local and overseas contractors.

The detailed planning for this overhaul took place over the past 12 months. The Planning and Reliability-led team were outstanding in their unwavering focus on employee and contractor safety, quality workmanship, and adherence to the approved schedule.

Celebrating the Season: Community Leaders Christmas Luncheon



Community Council leaders at the Christmas luncheon.

Some 80 community leaders from Jamalco's operating areas gathered at the Wembley Centre of Excellence in Hayes for the annual Christmas luncheon on Friday, December 13. The event recognized the leaders' support of the company's community development initiatives throughout 2024.

The festivities took place in the elegantly decorated Wembley Centre

of Excellence, creating a warm and festive atmosphere for the occasion.

While welcoming the leaders, Corporate Communications and Public Relations Manager, **Donna Marie Brooks** praised the community councils for their collaborative efforts in supporting Jamalco's initiatives. "A crucial

element of Jamalco's continued success each year is the strong relationship we maintain with the community councils in our operating communities." "Without your collaboration, our impact on the communities would not be as significant," Ms. Brooks noted. Entertainment for the luncheon was provided by community singer, Frances Thomas, whose soulful performance had the audience engaged and energized.

Following a sumptuous meal,

Master of Ceremonies and Senior Community Relations Officer, **Phillip Biggs**, kept the audience entertained with a lively karaoke session and fun Christmas trivia. Attendees also had the opportunity to win exciting gifts.

In response to the festivities, the Chairpersons of each Community Council shared their Christmas greetings and commended Jamalco for its unwavering support throughout the year. They expressed appreciation for the company's consistent efforts in strengthening community relationships and fostering development.



Members of the Corporate Services team entertaining the Council leaders.

Jamalco Enhances Community Roadway with Cleanup Initiative

The roadway stretching from Mineral Heights to Hayes, and the railway crossings in the Port and Railroad communities, have received a much-needed facelift, thanks to Jamalco's sponsorship of a recent debushing exercise. This initiative has transformed the busy thoroughfare, improving safety and accessibility for motorists and pedestrians alike.



Residents debushing the roadway in the community of Springplain.

Residents and road users expressed gratitude to Jamalco, noting that the overgrown vegetation posed significant challenges, particularly at night when visibility was severely reduced. The clearing of shrubs and overhanging foliage has made the roadway safer for everyone, fostering a sense of security in the area.

President of the Refinery Community Council, Mrs. Lorine Cousins, played a key role in mobilizing community members to carry out the exercise. She highlighted the dual benefits of the project—not only enhancing safety but also providing much-needed income for residents.

"For many, this is their only source of income and will help them put bread on the table during the holiday season," Mrs. Cousins shared.

She also commended Jamalco for its commitment to being a good corporate citizen and for continuously supporting initiatives

that prioritize the well-being of local communities.



A section of the Halse Hall main road which was debushed recently.

Senior Citizens Honoured for Community Service



Senior citizens from the Mitchell Town community were honoured for their invaluable contributions to education, health, and community development by the Port Community Council recently. The awards ceremony was held at the Mitchell Town Free Baptist Church.

Fifteen of the awards were donated by Jamalco, reflecting our commitment to supporting initiatives that honour community heroes. Each awardee was acknowledged for their dedication and efforts in fostering growth and positive change within the community.

Chairman of the Port Community Council, Florizel Thompson expressed gratitude to Jamalco for its ongoing support of this annual activity.

Jamaican Roast Chicken with Honey Jerk Glaze



Ingredients:
For the Chicken:

- 1 whole chicken (4-5 lbs), cleaned and patted dry
 - 2 tsp salt
 - 1 tsp black pepper
 - 1 tbsp olive oil
 - 1 tbsp soy sauce
 - 1 lime, juiced
- For the Jerk Marinade:**
- 3 scallions, chopped
 - 1 medium onion, chopped
 - 2 cloves garlic
 - 1 Scotch bonnet pepper (seeds removed for less heat)

- 1 tbsp fresh thyme
- 1 tsp allspice
- 1/2 tsp cinnamon
- 1/2 tsp nutmeg
- 1 tbsp brown sugar
- 1/4 cup orange juice
- 2 tbsp soy sauce
- 1 tbsp vinegar

For the Honey Jerk Glaze:

- 3 tbsp honey
- 2 tbsp butter, melted
- 1 tbsp leftover jerk marinade

Instructions:

- Blend all the marinade ingredients in a food processor until smooth. Adjust seasoning with salt and pepper to taste, and marinate the chicken, while rubbing the jerk marinade generously under and over the skin.
- Place the chicken in a large resealable bag or covered bowl and refrigerate for at least 4 hours, preferably overnight, to allow the flavors to penetrate.
- 3. Roast the chicken at 375°F (190°C).
 - Roast for 1 hour, basting occasionally with the juices in the pan.
- 4. Make the Honey Jerk Glaze:
 - Combine honey, melted butter, and a tablespoon of the reserved jerk marinade. After the first hour of roasting, brush the chicken generously with the honey jerk glaze.
 - Increase the oven temperature to 400°F (200°C) and roast for an additional 20-30 minutes. Let the chicken rest for 10-15 minutes before carving. Serve with gungo rice and peas, roasted vegetables, or a fresh tropical salad.

Jamaican Christmas Ham with Guava Glaze



A beautifully glazed ham is the centerpiece of many Jamaican Christmas tables.

Ingredients:

- 1 fully cooked ham
- 1 cup guava jelly
- 1/4 cup brown sugar
- 1/4 cup pineapple juice
- 1 tsp mustard
- Cloves for garnishing

Instructions:

1. Preheat oven to 325°F (160°C). Score the ham's surface in a diamond pattern and stud with cloves.
2. Mix guava jelly, brown sugar, pineapple juice, and mustard to make the glaze.
3. Bake the ham for about 2 hours, basting with the glaze every 20 minutes.
4. Increase heat to 375°F (190°C) for the last 15 minutes for a caramelized finish.

Jamaican Gungo Rice and Peas

This is a traditional Christmas side dish, often served with roasted meats.

Ingredients:

- 1 cup dried gungo peas (pigeon peas) or 1 can of gungo peas
- 2 cups coconut milk
- 2 cups rice
- 2 cloves garlic, crushed
- 1 scallion, chopped
- 1 sprig thyme
- 1 Scotch bonnet pepper (whole, do not pierce)
- Salt to taste

Instructions:

1. If using dried peas, soak overnight, then cook until tender. If using canned peas, rinse and set aside.
2. In a pot, combine coconut milk, garlic, scallion, thyme, and Scotch bonnet. Add peas and simmer for 10 minutes.
3. Add rice, salt, and water as needed to cover. Stir once, reduce heat, and cook until rice is tender, and liquid is absorbed.

Peppermint Cheesecake



Ingredients:

- 1 cup chocolate cookie crumbs
- 3 tablespoons melted margarine
- .25 ounce unflavoured gelatin
- 1/4 cup cold water
- 2 (8 ounce) packages cream cheese
- 1/2 cup white sugar
- 1/2 cup milk
- 1/4 cup crushed peppermint starlight candies
- 1 cup whipped cream
- 2 (1.55 ounce) bars milk chocolate candy bars, finely chopped

Directions:

1. Preheat oven to 350 degrees F (175 degrees C).
2. Stir cookie crumbs and margarine in a bowl until evenly moistened; press into the bottom of a 9-inch springform pan.
3. Bake in the preheated oven until lightly darkened, about 10 minutes. Remove from oven and cool to room temperature; about 30 minutes.
4. Stir gelatin and cold water in a small saucepan over low heat until gelatin dissolves completely, about 3 minutes.
5. Beat cream cheese and sugar with an electric mixer in a large bowl until smooth. Gradually add gelatin mixture, milk, and peppermint candy; mix until well-blended. Chill filling until thickened, about 2 hours.
6. Fold whipped cream and chocolate into filling. Pour filling into crust; chill until firm, about 1 hour.



2024 Reflections and Expectations for 2025

We asked team members "What are your aspirations and what would you like to see done differently at Jamalco during 2025?" See the responses below.

We need more job opportunities from Jamalco for young people who live in the operating communities. Additionally, I am concerned about the impact of Jamalco's operations on residents living close to the plant and enduring the inconveniences for years.



Keneisha Campbell
SRC Contractors

I would love for Jamalco to continue hiring workers from neighboring communities for various projects, much like the current work on the calciner. It is heartening to see the positive impact this has on the young people involved. In 2025, I hope to see increased interaction and communication between leadership, supervisors, and employees. This would not only help employees feel valued and motivated but also foster greater enthusiasm for their work.



Roy Reid
Calcination



Lori-Ann Williams
DCL Contractors

I wish the canteen could remain open a little longer each day. We are a 24-hour operation, yet it closes by 6:00 p.m. Maybe the company need to employ additional staff as we often wait a long time to be served. The canteen operations and quality of the customer service must be examined for 2025.



Andre Robinson
Raw Materials

I would love to see better for employees, especially in relation to salaries. I hope that in 2025, we all give more attention to safety.



Nicky Samuels
FC Reynolds Contractors

I am focused on professional growth to enhance my contributions to the company's processes and overall efficiency. In 2025, I hope Jamalco continues to foster a culture of innovation and creative thinking across all work processes. It is essential to nurture minds, encourage 'out-of-the-box' solutions, so employees can approach problem-solving with fresh perspectives while staying within established guidelines, rather than relying solely on routine methods.



Dean Stephenson
Planning & Scheduling



Ackeem Lewis
Laboratory

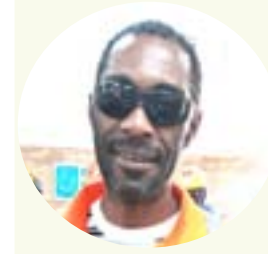
In 2025, I am hoping that persons will pay greater attention to their safety, including the dress code. People need to be more cognizant of hazards and protect themselves. We all just need to be more conscious and maintain or improve our safety records in 2025.

Everything seems stable at Jamalco right now. I hope that in 2025 we'll continue to maintain our high standards.



Kedessa Samuels
HR

My focus is on my country Jamaica. I would like to see a better Jamaica with better road conditions, job opportunities and better salaries.



Lanscott Bell
CHN Contractors



Boris Ragoo
Powerhouse

Safety at Jamalco is excellent right now. In 2025, I hope for better production, less upsets, which will be more lucrative for the company and for employees.

I aspire to grow as a leader in HR by leveraging innovative technologies like AI to transform HR management while continuously learning and making a meaningful impact in my field. I'd love to see more dynamic and engaging activities at work for the younger generation that inspire volunteerism, strengthen team bonds, and nurture a strong sense of pride in our company.

Christmas Happy Hour Celebration

Team members embraced the holiday spirit at the company's inaugural Christmas Happy Hour held recently at the Refinery. From the moment they arrived, attendees were treated to the festive traditional sorrel and Christmas cake, setting a cheerful tone for the event. Senior Community Relations Officer, **Phillip Biggs** skilfully chaired the programme while encouraging everyone to relax and have fun as they participate in the activities.

Corporate Communications and P. R. Manager, **Donna Marie Brooks** used the opportunity to express heartfelt gratitude and appreciation to the attendees for their hardwork and dedication throughout the year. "Stay safe and best wishes to you and your family during the Christmas season," she added.

Thereafter, the activities began with high energy as team members tried to win phone credit and gifts. Competitive games such as a karaoke sing-off,



Managing Director, **Marvin Jackson** presents the grand prize, a smart television, to **Sean-Dean Hutchinson**, winner of the raffle draw.

place and **Davia Lamey** copping the first-place honours. The music and spirited performances added to the vibrant atmosphere, making the event a true celebration of camaraderie and holiday cheer.

Adding to the festive mood, Managing Director, **Marvin Jackson** presented the main prizes and joined in the holiday celebrations. His participation underscored Jamalco's commitment to fostering a warm, inclusive workplace culture that values its team members.

Prizes were abundant throughout with other employees walking away with a variety of Christmas gifts, including microwaves, irons, fans, blenders, and toasters. These prizes added an extra layer of excitement and goodwill to the event.



Chevaugn Reid (r) collects his gift of a microwave, for placing 2nd in the raffle draw from Managing Director, **Marvin Jackson**.



Davia Lamey (right) is all smiles as she poses with the blender she won during the karaoke competition while **Remito Pryce**, her dancing partner joins in the photo.

Christmas trivia, musical chairs, and the ever-popular grand raffle kept the crowd entertained and fully engaged. Notably, **Sean-Dean Hutchinson**, who had earlier triumphed in the musical chairs game and won a microwave also claimed the grand prize of the raffle: a brand-new smart television set.

A highlight of the afternoon was the karaoke session, where employees showcased their vocal talents y singing Christmas classics. The performances captivated the audience, culminating in **Alia Campbell** taking second

Commendations



The leadership of the Powerhouse recognized **Glenford Mitchell** as the Employee of the Month for November 2024. Glenford performed exceptionally during the conversion of fuel sources for Boilers #4 and #5 showcasing his expertise and dedication. His contributions included seamless on-line fuel source switching, meticulous boiler interlock checks, and comprehensive burner and boiler performance tests. These efforts, along with his involvement in other critical Powerhouse operational activities, have been instrumental in ensuring efficiency and reliability.

In recognition of his outstanding work, Glenford was presented with a token of appreciation by Powerhouse Superintendent, **Leighton Campbell**.



Congratulations to **Brian Morris** for copping the Employee of the Month award in the Calcination Department for the months of October and November. Brian has been described as a hard worker who consistently goes above and beyond the call of duty in executing his tasks and for his commitment to excellence.

Here, he collects a token from his Crew Supervisor, **Landon Ormsby**. Keep up the great work, Brian!

Spotlight on Kadian Pitter A Dedicated Professional with a Sweet Side



Kadian Pitter

As the festive season approaches, Jamalco's Environmental Health and Safety (EHS) Professional, Kadian Pitter, is busier than ever. With a mission to address environmental concerns amicably and in the best interests of both the company and residents, she approaches her work with energy and a genuine desire to deliver excellent service.

But there is more to Kadian than her dedication to her role at Jamalco. In her free time, she trades her safety gear for an apron, crafting delectable Christmas cakes and baked goods that bring joy to her customers. Her love for baking is deeply rooted in childhood memories of watching her mother and grandmother in the kitchen.

"I can vividly recall Grandma at the fireside, tending to her 'hell a top, hell a bottom' puddings. She had many grandchildren, but hunger was never an issue. Christmas was baking season. Mommy would make cakes, and I'd tell her, 'Don't put so much wine on the cake,' but she would ignore me. In my mind, I'd say, 'I can't wait to grow up and bake cakes and pastries the way I like,'" Kadian recalls with laughter.



Some of the sweet treats that Kaydian bakes in her free time.

Kadian's journey into pastry-making was fueled not just by her love of food but by necessity. As a young college student and mother of two, she faced the daunting challenge of providing for her children and paying for her tuition.

"I had a choice: minimum wage

for the rest of my life or suffer through college for four years. "I chose my education and started baking to sustain myself and the kids," she explained.

Baking became her lifeline. She sold sweet potato pudding, cornmeal pudding, and cheesecakes to fellow students, lecturers, and even children and staff at the neighbouring Knox Preparatory School.

"Those were the hardest years of my life," Kadian reflects. "But through determination, hard work, and the support of family and friends, I persevered."

Her efforts paid off as she grad-



Kadian displayed some of her pastries at Jamalco's Independence Village in August 2023.

uated with a Bachelor of Science Degree in Environmental Studies. A year later, she secured a position at the Forestry Department, marking the start of a rewarding career. After six years, she joined Jamalco as an Environmental Officer and, in October this year, was promoted to EHS Professional.

Kadian attributes her success to her customer-focused approach, ensuring that residents in Jamalco's operational areas feel heard and supported.

"I always strive to resolve complaints in a timely manner and build trust with those we serve," she says.

Her commitment to excellent service seamlessly extends to her passion for baking. Over the years, she has built a loyal customer base. They all love her carrot cakes, pumpkin pies, banana bread, and signature Christmas cakes.

"I never feel like I am working when I am baking—it's my therapy. I take great pride in ensuring

my treats are of the highest quality."

Her dedication even extends to testing supermarket products to compare them with her own creations. "I am always striving to improve. Going



Kadian conducting an above ground inspection of a storage tank.

above and beyond to satisfy my customers brings me immense joy," she adds.

Kadian is filled with gratitude for her journey. She is proud of her daughters, Aneika and Dejonae, who continue to grow and achieve. "They were my drive and inspiration. Today, I am so thankful for all the bumps and paved surfaces along my journey—they molded the woman I am today, and I am so proud of that. It's fulfilling to contribute to Jamalco's success while pursuing my passion for baking."

As she looks to the future, Kadian continues to pour her energy into her work, her family, and her love of baking—spreading sweet treats and positivity wherever she goes.

